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570 students in high school are part of iMentor's Bay Area program

# **Support in High School & Beyond**

Did you know that by the time you graduate high school, more than 60% of jobs will require a college degree? Also, during their lifetime, people with a college degree can earn 84% more than those without a degree. College opens up a whole range of possibilities for your career and your future.

It isn't too early to think about your next step after high school. In order to successfully apply to and complete college, it's important to start developing the skills and knowledge for college now, while you're in high school.

## That's where iMentor comes in.





I wasn't thinking or talking about my college applications with anyone...I wouldn't have had help otherwise.

lan, Mentee

I want Ian to know what opportunities are out there for him, beyond what he sees. I want him to have an example.

Alex, Mentor

#### Your Mentor: A Friend and Guide

To help you understand your options for college and beyond, your school has partnered with an organization called iMentor. iMentor is pairing you — and everyone in your grade — with a personal mentor. Your mentor is someone who has gone to college and understands what it's like to be in high school. He or she will become a friend and trusted advisor who can help you explore possibilities for your future.

Your mentor will work with you one-on-one to help you gain the skills you need, such as setting goals for yourself, managing both your time and work efficiently, and improving your communication skills so you can feel confident in whatever you choose to do. Your mentor will also help you identify different colleges you might be interested in and help you apply to them. Think of your mentor as your personal coach — specifically dedicated to supporting you and helping you achieve your dreams.

#### Matching You to a Mentor

Our mentors are all college-educated professionals who live and work in the Bay Area. They come from a variety of backgrounds and professional fields. Many of our mentors come to us through corporate partnerships at leading businesses like Google and Citi, and they have valuable insight into what it's like to work for companies throughout the city. Our mentors volunteer their time to work with students because they care about education and helping young people achieve their ambitions.

iMentor makes a great effort to match you with a mentor who shares your personal, academic, and/or career interests. You will be matched with your mentor for three years, and you have the option to continue to work together until you complete college.



# **HOW IT WORKS**

iMentor partners each student with a mentor for a minimum of 3 years.



Once a week, students communicate online with their mentors.



Mentee-mentor pair meet once a month for group events.

## Working Together Toward Your Goals

As part of your iMentor experience, you will participate in a weekly classroom session during the school day, led by one of the iMentor program managers and a teacher at your school. All of the iMentor program managers are certified college counselors. During the class session, you'll learn about the iMentor curriculum, as well as communicate online with your mentor. The online communications give you a chance to get to know your mentor, ask questions, and share your thoughts about school, your life, and college planning.

You will also meet with your mentor in person once a month at group events at your high school or on a nearby college campus. These events will allow you one-on-one time with your mentor, and you'll also participate in group activities with your classmates and their mentors. Most of the events will be focused on the curriculum, and you'll also have special opportunities to just hang out.

During your time together, you and your mentor will work through the iMentor curriculum focusing on four goals:

- Developing strong personal relationships
- Nurturing your interest in and desire to attend college
- Building the essential life skills needed for your success in college
- Providing individualized help navigating the college application process

## **Explore All Your Options**

We are excited that you will be part of the iMentor program. By understanding your options for life after high school, you will be doing the best planning for your future success and happiness.